

# Hepatitis C



## An Easy Read Booklet

# Hepatitis



Hepatitis is inflammation of the liver caused by different viruses.

The main differences between hepatitis A, B, and C are how you get them and how they make you feel.



You may not show any signs or symptoms of hepatitis.

# How you can get Hepatitis C?



By sharing any injecting equipment including syringes, needles, filters, cups, spoons and water.



From infected blood like an open cut, accidental injury with a contaminated needle, by sharing razors, toothbrushes.



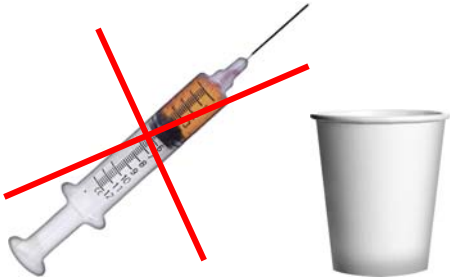
From body piercing or tattooing if any equipment is re-used.



Having sex without using a condom.



# How you can protect yourself from Hepatitis C



Do not share any injecting equipment including syringes, needles, filters, cups, spoons and water.



Do not share personal items such as a razor or toothbrush where dried blood may be present.



Check that sterile needles are used for injecting, acupuncture, tattooing and body piercing.



By having safer sex – use a condom.



# Where to go for information



[www.lanarkshiresexualhealth.org](http://www.lanarkshiresexualhealth.org)



Lanarkshire HIV, AIDS and Hepatitis Centre

**01236 712247**



## Where to go for testing

Your own doctor (GP)



Lanarkshire GUM (Genitourinary medicine) and sexual health service

**0845 618 7191**



To get free condoms go to

The doctor (GP), clinic or chemist.

Or call **0300 303 0243** for your nearest centre.