

Hepatitis B



An Easy Read Booklet

Hepatitis



Hepatitis is inflammation of the liver caused by different viruses

The main differences between hepatitis A, B, and C are how you get them and how they make you feel.



You may not show any signs or symptoms of hepatitis.

How you can get Hepatitis B



Having sex without using a condom.



By sharing any injecting equipment including syringes, needles, filters, cups, spoons and water.



From infected blood like an open cut, accidental injury with contaminated needle, by sharing razors, toothbrushes.



Through other infected body liquids (fluids) such as semen, vaginal fluid and saliva and blood.

How you can protect yourself from Hepatitis B



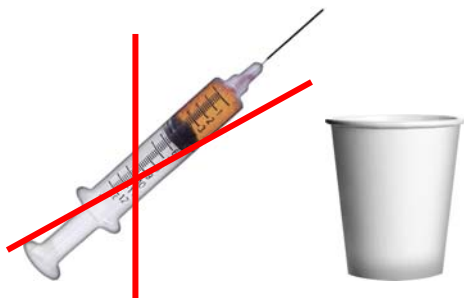
Having a jag (vaccinated) for Hepatitis B.



By having safer sex - use a condom.



By not sharing any injecting equipment including syringes, needles, filters, cups, spoons and water.



By stopping someone else's blood or other body fluids from getting into your body.

Where to go for information



www.lanarkshiresexualhealth.org



Lanarkshire HIV, AIDS and
Hepatitis Centre

01236 712247



Where to go for testing

Your own doctor (GP).



Lanarkshire GUM (Genitourinary
medicine) and sexual health service

0845 618 7191



To get free condoms go to:

The doctor (GP), clinic or chemist

Or call **0300 303 0243** for your
nearest centre.