

# The Contraceptive Implant



## An Easy Read Booklet

# Contraceptive Implant



The Implant is a small rod.



The doctor or nurse will give you a jag (injection) to numb the skin.

The implant is put under the skin of your upper arm with a jag (injection).



You can sometimes see the implant and feel it in your arm.



Talk to the doctor or nurse about the implant.



The implant is very effective and can stop you having a baby.



The implant can stay in your arm for 3 years.



Using a condom can stop you getting a sexually transmitted infection (STI).

# Side Effects



Periods may stop, come at different times or last longer.



Some women have mood changes and boob (breast) tenderness.



Some women gain weight.



Some medicine may effect how your implant works.

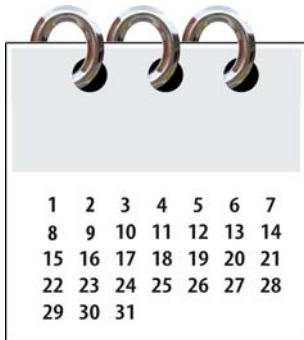
# When the implant is taken out



The doctor will make a small cut in your upper arm to take out the implant.



You can get pregnant, when the implant is taken out.



**4**  
**weeks**

Your periods usually start again within the next 4 weeks.



Talk to your doctor or nurse about what new contraception you want to use.

**FREE  
CONDOMS  
NO FUSS**



To get free condoms go to  
The doctor (GP), or clinic  
or chemist.



Or call 0300 303 0243 for your  
nearest centre.

Acknowledgements – Photosymbols & NHS Lanarkshire Sexual Health Services.

Next Review Oct 2019. NHS Lanarkshire Learning Disability Service.