

# Going For a Breast X-ray (Mammogram)



## An Easy Read Booklet

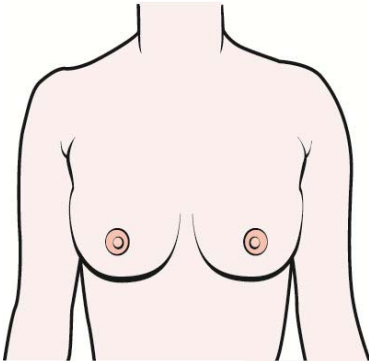


All women aged 50 to 70 years  
are asked to go for a  
Breast X-ray (mammogram)

## What is a Breast X-ray (mammogram)?



An x-ray of your breast is called a mammogram.



It checks for any small changes in your breast that may show cancer.



A mammogram is done at a mobile breast screening bus.



You will receive a letter with an appointment to go to the nearest breast screening bus.

## What will I wear?



It will be easier if you wear a blouse.



But you can wear a jumper.



You will be asked to take off your bra.

## Having your Breast X-ray (mammogram)



The x-ray machine can be uncomfortable or painful for some women.



You will have to keep very still while the x-ray is taken.



If you want to stop at anytime tell the nurse.



You can then go home.



After a few weeks you will get a letter with the results.



If your test is okay  
You will have another mammogram in 3 years.



Sometimes the test doesn't work and may need to be done again.

If something is wrong it may need to be done again.



Phone your doctor to talk about this.

Some of the pictures used in this leaflet are Photosymbols